

HELP US SPEAD THE WORD

GET SOCIAL

Instagram: [instagram.com/sober4.24](https://www.instagram.com/sober4.24)

TikTok: [tiktok.com/@sober4.24](https://www.tiktok.com/@sober4.24)

Facebook: [facebook.com/sober424](https://www.facebook.com/sober424)

Hashtags: [#sober424](https://www.instagram.com/hashtag/sober424) [#for24movement](https://www.instagram.com/hashtag/for24movement) [#424movement](https://www.instagram.com/hashtag/424movement)

Here are some scripts to use to help get the word out about this movement! Feel free to use these or you're welcome to create your own. Tag us at @sober4.24 on Instagram and TikTok and use the hashtag #sober424

"Hey, I'm _____ and on April 24th, I'm celebrating sobriety by _____! Join me and have a booze-free blast on April 24th and use the #sober424!"

"Hi, I'm _____ and I'm proud to be part of the 424 movement! This April 24th, I'm staying sober and diving into one of the incredible events happening worldwide in support of the sober community. Together, let's show the world that sober is fun!"

"Hey there, I'm _____ and I'm all in for supporting sobriety! On April 24th, I'm ditching the booze and having an absolute blast, all in support of someone special who's on their sober journey. Join me by celebrating sober on April 24th and using the hashtag #sober424!"

JOIN OUR TEAM

The 424 Movement is more than just a movement – it's a community of passionate individuals committed to celebrating sobriety, promoting wellness, and empowering others to live their best lives. Whether you're a social media guru, an event planning extraordinaire, or a creative powerhouse, there's a place for you on our team.

LOGOS + SHARABLES

